



I, \_\_\_\_\_, Pledge to be Soda Free this Summer.

\* Register online at [SodafreeTN.org](http://SodafreeTN.org) before June 1, 2019 to be eligible to attend the Celebration and have a chance to win awesome prizes

\* Initial each day you stay Soda Free

\* Keep your calendar, this will be your ticket to the YMCA Celebration

## JUNE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					01 Soda Free Summer Begins!	02
03	04	05	06	07	08	09
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

## JULY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
01	02	03	04	05	06	07
08	09	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Parent Signature \_\_\_\_\_

Child Signature \_\_\_\_\_